

SAFE

Services for Adolescent and
Family Enrichment

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WHERE DO I GO?

Each time you come for a meeting, please take the elevators to the 5th floor, head through the glass door, and check in with our Research Associate in Office 552 when you arrive. If the Research Associate is unavailable, please have a seat in the waiting area. Your therapist will meet you there at the time of your appointment.



Special Services Unit of the
Allegheny County Juvenile Court

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SSU

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SERVICES FOR ADOLESCENT AND FAMILY ENRICHMENT



**THE SAFE PROGRAM AT
UPMC WESTERN PSYCHIATRIC HOSPITAL**

**BELLEFIELD TOWERS
100 N. BELLEFIELD AVE., 5TH FLOOR
PITTSBURGH, PA 15213**

WWW.SAFESSU.ORG

WHAT IS SAFE?

We are therapists who work together with Allegheny County Juvenile Court and Juvenile Probation to help children and teenagers who are in trouble with the court for a sexual behavior.

A Judge has required your child to attend therapy with the SAFE Program. Attending therapy is required as part of your child's probation. Your child cannot finish probation until he or she has completed therapy at the SAFE Program.

WHY IS SOMEONE TALKING TO ME ABOUT SAFE?

DO I HAVE TO ATTEND THERAPY TOO?

YES.

You know your child best.

Since your child is required by the judge to be in the SAFE program, you are required to attend the following meetings:

- Clinical Orientation
- Intake Assessment
- Parent Groups, as scheduled
- Discharge Assessment
- Treatment Plan Review every 90 days
- Anytime your child's therapist requests a meeting

THE SAFE STEPS

1. COURT

A Judge has determined that your child engaged in sexual behavior that was illegal. The judge has also required that your child be on probation and go to therapy.

2. MEETING WITH PROBATION OFFICER

Your probation officer will meet with you to talk about rules your child has to follow while on probation. These rules are called your "Conditions of Supervision." Expect a call with a SAFE clinician shortly after this meeting.

3. CLINICAL ORIENTATION

You will go to the SAFE Program for an orientation and sign all paperwork needed to get your child started with the SAFE Program. This meeting takes 1-2 hours.

4. INTAKE ASSESSMENT

Your SAFE clinician will meet with you and your child separately during each appointment to gather important information. This assessment takes up to 12 hours and is scheduled over 3-4 separate appointments.

We cannot start therapy until this is done.

5. THERAPY

Therapy consists of either **individual sessions only** or **individual, family, and group sessions** - this is determined by the court. Therapy usually lasts about 1 year.

6. DISCHARGE ASSESSMENT

After you complete all of your treatment goals, you will have to participate in a discharge assessment with another SAFE clinician. This assessment takes 1 session of at least 3-4 hours.